

FW Huston Community Needs Health Assessment Improvement Plan and Implementation Strategy*

May 2023

The Community Health Improvement Plan and Implementation Strategy is a 3-year plan (2023-2025) developed and implemented by FW Huston Medical Center through a process supported by the Jefferson County Health Department. Of the twelve top concerns identified, the plan addresses seven of the concerns. The five remaining concerns not addressed (access to affordable childcare, access to preschool programs, bullying, lack of safe activities for kids/teens outside of school, and lack of employment opportunities) are outside the area of expertise of a healthcare provider and are best addressed by other facilities in the community.

Top Concern	Rationale	Actions	Expected Impact	Timeline	Evaluation
Availability/affordability of Healthy Food	County citizens report this concern in every age group represented by the survey.	<ul style="list-style-type: none"> *FWH will continue to provide meals for Meals on Wheels program *FWH will continue to support the CHAMPSS Program *FWH will promote food pantries and food distribution points in Jefferson County including distributing a one-page handout for clinic and outpatients *Consider development of free vitamin program for children 	<ul style="list-style-type: none"> *Home delivery of nutritious meals to those who are homebound or have limited transportation through Meals on Wheels *Meals on Wheels also provides a quick safety check and much-needed human connection to help combat isolation *Breakfast/Lunch/Dinner flexibility for Seniors is provided through CHAMPSS 7 days/week who eat on site or take meals to go. *Increase knowledge level of those experiencing food insecurity *Improved nutrition for children at risk 	<ul style="list-style-type: none"> *On-going programs *Educate providers in Primary Care Clinic regarding Meals on Wheels and CHAMPSS programs for patients who would benefit by June 1, 2023 *Educate providers in Primary Care Clinic regarding food pantries and food distribution points in Jefferson County by July 1, 2023 *Educate providers about free vitamin program for children by September 1, 2023 	<ul style="list-style-type: none"> *Increased enrollment in Meals on Wheels and CHAMPSS *Continued utilization of county food distribution *Number of children enrolled in free vitamin program
Suicide, Depression, Anxiety, and Social Isolation	County citizens report this concern in every age group represented	*FWH clinic providers and hospital staff will encourage Meals on	*Meals on Wheels provides a quick safety check and much-needed	<ul style="list-style-type: none"> *On-going programs *Revitalize Envision to increase numbers 	*Envision program volume

	by the survey except for young children (birth-5 years)	Wheels for those who would benefit from a daily check in *FWH will promote Envision Senior Services – Outpatient Mental Health *FWH will promote Increased collaboration with The Guidance Center *FWH will support the spread of trauma-informed care in all service settings	human connection to help combat isolation *Provide comprehensive outpatient mental health services to senior community members including psychotherapy and medication management through Envision *Increase utilization of community mental health services *Improved mental health status of community members	of seniors served by September 1, 2023 *Introduce our new providers to the Guidance Center and revisit relationship with The Guidance Center by August 1, 2023.	*Completed mental-health referrals *Increasing proficiency among all professionals in trauma-informed care
Overweight/Obesity	Physical inactivity, especially among children, is ubiquitous. Obesity goes hand in hand with lack of availability/affordability of healthy food choices.	*FWH will continue support of Meals on Wheels and CHAMPSS *FWH will consider a Pediatric Weight Control program possibly in conjunction with ARPN students *FWH will create free healthy recipe booklets for easy, simple meals and distribute to all patients *FWH will consider offering nutrition classes through various community organizations	*Nutritious meals to seniors and home bound persons through Meals on Wheels *Breakfast/Lunch/Dinner flexibility for Seniors is provided through CHAMPSS 7 days/week who eat on site or take meals to go. *Pediatric Weight Control program to offer clinic patients	*On-going programs *Educate providers in Primary Care Clinic regarding Meals on Wheels and CHAMPSS programs for patients who would benefit by June 1, 2023 *Educate providers in Primary Care Clinic regarding food pantries and food distribution points in Jefferson County by July 1, 2023	*Participation/enrollment in Meals on Wheels and CHAMPSS and improved health outcomes *Improved BMIs among all age groups

		<p>(Rotary, Lions Club, 4-H clubs, Grange, Kiwanis)</p> <p>*FWH will provide handouts of all food pantries and food distribution points in Jefferson County</p> <p>*FWH will support the availability of and access to opportunities for physician activity</p>			
Lack of Transportation	Nearly 70% of respondents aged 65 and older identify lack of transportation as a top concern.	<p>*FWH will promote Jefferson County Service Organization van service</p> <p>*FWH to discuss van service as an outreach ministry for local churches</p> <p>* FWH to discuss expanded script delivery with local pharmacies</p> <p>* FWH to discuss grocery delivery with local grocery stores</p>	<p>*Citizens will have transportation options in Jefferson County</p> <p>*Citizens will have grocery and prescription delivery options in Jefferson County</p>	<p>*Discuss methods to increase knowledge of Jefferson County Service organization van service no later than August 1, 2023.</p> <p>*Designated staff to discuss van services with local ministers no later than August 1, 2023.</p> <p>*Designated staff to discuss expanded script and grocery delivery with local businesses by August 1, 2023.</p>	<p>*Increased Jefferson County Service Organization van use as well as increased van service options available in county</p> <p>*Increased pharmacy delivery and grocery delivery services available in county</p>

*Based upon 2022 Community Health Needs Assessment